



CHALLENGES RELATED TO METHODOLOGY AND SCIENCE

Modern society, along with its personal, social, professional and economical connotations, develops faster every day. That is the reason why it can become more complicated and harder to handle by some of us, therefore this effort might require more resources, which sometimes are extremely expensive or even out of reach. Exploring these new horizons and research and intervention opportunities motivates us to put together all the resources that we have available, to get closer to all the colleagues that we have around us and to motivate our young and excited students with the help of brand new techniques.

Marius Milcu, PhD



REAL-WORLD TOPICS OF CONTEMPORARY INTEREST AND CONCERN

The theme of the 2019 conference addressed real-world topics of contemporary interest and concern, specifically issues related to adaptation and adjustment, health and illness, quality of life, performance and achievement, and violence. Contributors to *Modern Research in Psychology: Rethinking Research Collaborative* have added immeasurably to science-informed practices in the intersecting disciplines of psychology, sociology, education, and health sciences. More than a scholarly exposition, *Modern Research in Psychology: Rethinking Research Collaborative* is a testament to the abiding importance of socially responsible research, research that has as its core value the betterment of the individual, community, and society at large.

Michael Stevens, PhD, DHC, LHD



AN INTERDISCIPLINARY PERSPECTIVE, TOWARDS A BETTER UNDERSTANDING OF THE SCIENTIFIC PHENOMENA

Moreover, the perspective of applied science has contributed by proposing strategies for improving the health and well-being of people, individually and also socially.

These conferences have been an excellent opportunity for strengthening and enriching the interdisciplinary systematic approach, as well as the network between researchers.

Collaborative research is an important issue in order to improve innovation and to increase the knowledge regarding more recent practical fields of Psychology, such as tourism or sustainability.

The present book, *Modern Research in Psychology. Rethinking Research Collaborative*, continues this integrative perspective of the human being as a whole, within different contexts of human behaviour.

Saúl Neves de Jesus, PhD

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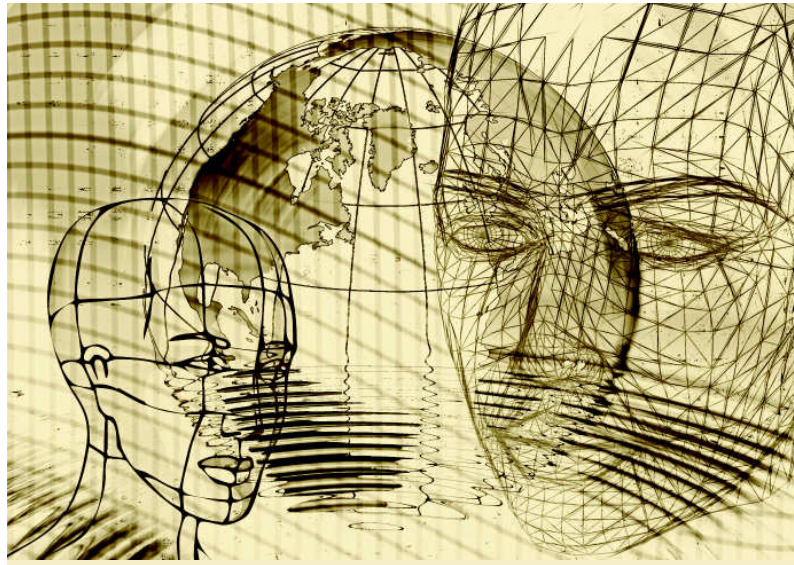
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Rethinking research collaborative

MODERN RESEARCH IN PSYCHOLOGY



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MODERN RESEARCH IN PSYCHOLOGY

RETHINKING RESEARCH COLLABORATIVE



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CHALLENGES RELATED TO METHODOLOGY AND SCIENCE



Modern society, along with its personal, social, professional and economical connotations, develops faster every day. That is the reason why it can become more complicated and harder to handle by some of us, therefore this effort might require more resources, which sometimes are extremely expensive or even out of reach.

When it comes to these conditions, there is no wonder that sciences based on health insurance or the general wellbeing of the modern men and social professional groups are multiplying and diversifying.

Therefore, these sciences' preoccupations intertwine and frequently support each other, creating new approaches, currents and research opportunities, all these having humans and their communities as the centre of attention.

Digitalising our social universe can bring more and more challenges related to methodology and science, equally for the academical world and for the practitioners. Therefore, research and intervention opportunities become practically unlimited.

That being said, the general context in which we all have the chance to choose a job, a profession, contributing to realities specific for humans, developing new methods and instruments for evaluation and psychological, social, medical and educational intervention basically becomes unlimited also. This is for the benefit of every individual and of the society that we live and work in.

Exploring these new horizons and research and intervention opportunities motivates us to put together all the resources that we have available, to get closer to all the colleagues that we have around us and to motivate our young and excited students with the help of brand new techniques.

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REAL-WORLD TOPICS OF CONTEMPORARY INTEREST AND CONCERN



Modern Research in Psychology: Rethinking Research Collaborative is the latest installment in the series of volumes that feature proceedings of annual meetings of the Association for Qualitative and Intercultural Studies convened in Sibiu, Romania. Participation in these international scientific meetings has been accredited by the Romanian College of Psychologists and their proceedings indexed in the Web of Science.

Like the meetings that have preceded it, the 2019 conference achieved its aim of attracting a cadre of renown experts and promising students from Romania and abroad, making it fertile ground for interdisciplinary and interprofessional exchange and collaboration.

The theme of the 2019 conference addressed real-world topics of contemporary interest and concern, specifically issues related to adaptation and adjustment, health and illness, quality of life, performance and achievement, and violence. The proceedings contained in this book cover a breathtaking expanse of fields, including clinical psychology and psychotherapy, educational psychology and pedagogical science, work, organizational, and transportation psychology, forensic and military psychology, and social and transcultural psychology.

Contributors to *Modern Research in Psychology: Rethinking Research Collaborative* have added immeasurably to science-informed practices in the intersecting disciplines of psychology, sociology, education, and health sciences. Each proceeding underscores the ethical, social, and cultural implications of the applied methods and techniques presented. More than a scholarly exposition, *Modern Research in Psychology: Rethinking Research Collaborative* is a testament to the abiding importance of socially responsible research, research that has as its core value the betterment of the individual, community, and society at large.

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**AN INTERDISCIPLINARY PERSPECTIVE, TOWARDS
A BETTER UNDERSTANDING OF THE SCIENTIFIC PHENOMENA**



Along with the growing branches of science, the interdisciplinary field gained more relevance, therefore scientists being required to find more encompassing and useful answers regarding their research questions.

It is important to work, from an interdisciplinary perspective, towards a better understanding of the scientific phenomena with the complementarity of the different fields of research.

Over the years, the meetings of the Association for Qualitative and Intercultural Studies have allowed the development of an integrative and multidisciplinary perspective of research with contributions coming from different but complementary fields of science, namely psychology, sociology, education, medicine, etc.

Moreover, the perspective of applied science has contributed by proposing strategies for improving the health and well-being of people, individually and also socially.

These conferences have been an excellent opportunity for strengthening and enriching the interdisciplinary systematic approach, as well as the network between researchers.

Collaborative research is an important issue in order to improve innovation and to increase the knowledge regarding more recent practical fields of Psychology, such as tourism or sustainability.

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